



Dear Parent/Guardian,

Seton High School is in its eleventh year of implementing an innovative program for our student athletes. This program will assist our team physicians/athletic trainer in evaluating and treating head injuries (i.e. concussion). In order to better manage concussions sustained by our student athletes, we have obtained a software tool called ImPACT (Immediate Post Concussion Assessment and Cognitive Testing) paid for by TriHealth (Seton's Sports Medicine Provider). ImPACT is a computerized exam utilized in many professional, collegiate, and high school sports programs across the country to successfully assess and manage concussions. If an athlete is believed to have suffered a head injury during competition, ImPACT is used to help determine when an athlete is ready to return to play, along with other neurocognitive testing and symptom evaluation.

The computerized exam is given to athletes at the beginning of contact sport practice or competitions. This non-invasive test is set up in "video-game" type format and takes about 25-35 minutes to complete. It is simple and many athletes enjoy the challenge of taking the test. Essentially, the ImPACT test is a preseason physical of the brain. It tracks information such as memory, reaction time, speed and concentration. It, however, is not an IQ test.

If a concussion is suspected, the athlete will be required to retake the test once the athlete's symptoms have settled or possibly once symptoms have resolved. Both the preseason and post-injury test data will be examined to help evaluate the injury. The information gathered can also be shared with your family doctor and/or team physician. The test data will enable these health professionals to determine when return-to-play is appropriate and safe for the injured athlete. If an injury of this nature occurs to your child, you will be promptly contacted with all the details.

I wish to stress that the ImPACT testing procedure is non-invasive and it poses no risk to your student athlete. We are excited to have this program, given that it provides us the best available information for managing concussions and preventing potential brain damage that can occur with multiple concussions. The Seton High School administration, coaching, and sports medicine staffs are striving to keep your child's health and safety at the forefront of the student athlete experience. Please return the attached page with the appropriate signatures. If you have further questions regarding this program please feel free to contact me at bussec@setoncincinnati.org.

Sincerely,

Cindy Busse, AT, ATC
TriHealth Athletic Trainer
513-310-5929
bussec@setoncincinnati.org



Consent Form

For use of the Immediate Post-Concussion Assessment and Cognitive Testing
(ImPACT)

I have read the attached information. I understand its contents. I have been given an opportunity to ask questions and all questions have been answered to my satisfaction. I agree to participate in the ImPACT Concussion Management Program.

Printed Name of Athlete _____

Sport Dance Team

Signature of Athlete _____ Date _____

Signature of Parent _____ Date _____

